



Renew your spirit




LAKE VIEW SPA
at Oak Terrace Resort

Massage Therapy

We offer a selection of massage modalities to pamper the body and soothe the senses. Choose from Partial Body, Full Body and Deluxe Full Body.

Swedish Massage

Long smooth massage strokes, gentle percussion, and stimulating friction make a comforting massage for the novice or first time spa guest.

Deep Tissue Sports Massage

A firm touch to address the more active athletic body type. Relieves aches and pains.

Golfer's Massage

With attention to relief of the muscle groups associated with a perfect swing, this is a golfer's paradise. Try a relaxing massage to unwind; or a brisk touch to warm up before teeing it up.

Reflexology Massage

Special attention to stress points of the hands, feet, scalp, and ears. An oriental wellness tradition addressing the entire body through the energy centers of the body.



Maternity Massage

Some special pampering for the mother-to-be to help relieve the additional stress pregnancy places on the body. Available in partial, full body or deluxe full body.

Hydrotherapy Massage

Guests will enjoy a relaxing bath experience while massaged with water jets. Guest will then have a full body massage to replenish moisture to the skin.

Hot & Cold Lake Stone Massage

All the comforts of a Swedish Massage with the added touch of warmed and cooled lake stones. Tucking the stones snugly around the body at various tension points and placing atop specific energy chakras promotes deep relaxation and restfulness.

Aromatherapy Massage

Select from a blend of relaxing, stimulating, and detoxifying essential oils for an enhanced massage.

Bathing experiences

Hydrotherapy baths

LakeView Spa offers two types of hydrotherapy baths, both with pure ocean elements to restore your body and aromatics to uplift the soul. You'll also enjoy our nurturing attention to detail with ample cool towels and chilled or hot herbal tea. Choose from two styles of baths:

Kohler River Bath

Drift downriver. Be immersed in a lazy river current. Experiment with a wash of light and color to set the tone and elevate your mood. Designed for two.

Kohler Sök® Tub

Unwind to the sound of a solitary stream of water as you begin your bathing experience. Be submerged in thousands of champagne like bubbles and brilliant colorful light.

Bathing Customizations

Aromatic Salt Bath

A generous portion of mineral rich salts and sumptuous fragrances.

Seaweed Soak

A brew of detoxifying marine elements and fragrances.

Dead Sea Submergence

Mineral rich and relieving to joints.

LakeView Bubble Bath

Purely an indulgent experience in our signature lemongrass scent and gracious style.

Bathing Enhancers

Sea Salt Bowl

As a prelude to your bath, indulge your entire body in a bowl of fresh aromatic sea salts. Enjoy this solo or as a couple. Drop the sea salt in the bath for an extra boost of fragrance.



Body masks & wraps

Brushing the skin enhances the penetration of ingredients and eliminates dull skin. Warmed river stones are tucked snugly under the body to relieve stress at pressure points. A luxurious rinse with multiple showerheads aimed from all directions gently massages aches away. Finishing sprays and creams ensure clean supple skin.

Seaweed Body Mask

This warm body mask and wrap of rich seaweed is derived from the purest concentrated marine plants from the Brittany Coast in France, used for hundreds of years to stimulate the body and eliminate impurities from the skin.

- Hydrating & Nourishing Formula
- Detoxifying & Slimming Formula

Dead Sea Mud Body Mask

Rich in minerals to restore natural harmony of the metabolism. This mask induces deep relaxation and soothes the skin.

Smoothing Thigh & Tummy Gel Wrap

Smooth the quilting effect of cellulite and relieve excess fluid with a therapeutic wrap offering a range of stimulating body sensations. This service focuses on the upper thigh and lower abdomen.

Black Baltic Body Mud

Removes debris and impurities to restore healthy hydration through hydrated organic colloidal black silts from European fresh water lakes. Promotes cell oxygenation.

Honey Almond & Oat Vitamin Mineral Wrap

A soothing and moisturizing wrap, our honey almond and oat wrap nourishes the skin with vitamin E mineral lotion. We recommend a lemongrass bubble bath as a prelude.

Firm & Tone Body Wrap

This is a Spa-Goers favorite. An aromatic blend of essential oils and seaweed extracts that are massaged into the skin before a relaxing cocoon is wrapped around the body. After a short, rest-filled time with tranquil music and a soft scalp massage, hot towels are placed on the body to cleanse the skin. This blissful body treatment comes to an end with a firming and toning lotion that lasts hours after your experience has come to an end.



Body scrubs & Polishes

A tailored shower experience combined with genuine and attentive care. Your journey begins with an ample amount of exfoliating suds. Next you will experience a supreme shower of pulsing waters which begins as a gentle mist and evolves into a vigorous rinse and steam. Each exfoliation concludes with a moisturizing application of massage oil or cream for a light massage of the head, neck and feet with special attention to stress relieving points.

Honey Almond & Oat Scrub

For Delicate or Mature skin. The rich and creamy scrub gently lifts dull skin for an ultra moisturizing experience.

Aromatic Salt Glow

Choose revitalizing, calming, or firming blend

A vigorous scrub using the fine crystals of French sea salt with your choice of aromatic blend.

Lemongrass Scrub

Choose loofa or ground pumice

Fun and light-hearted, this is our signature lemongrass fragrance with your choice of gentle or more coarse exfoliating grains.

Facial care

Basics to Beauty

This facial cleanses, exfoliates and moisturizes with sumptuous ingredients to suit your skin.

Customized Care

This facial begins with a deep pore cleansing followed by exfoliation, delicate extractions, a soothing massage and deep moisturizing, all customized for your skin type.

LakeView Lap of Luxury

This luxurious skin care experience includes deep pore cleansing, exfoliation, steaming, delicate extractions and a nourishing specialty mask to uplift and tone for a healthy glow. This facial also includes an eye contour and hydrating lip treatment followed by a soothing massage to induce a relaxing state of being, while warmed mitts infuse hands and feet with our lemongrass moisturizing cream.

Gentleman's Vitality Facial

Anti-oxidant gentlemen's skin care youth enhancing formula

Relax the Back Facial

Much needed cleansing and hydrating of that hard to reach area – the back.

Facial Customizations

Customize your Basics to Beauty, Customized Care and LakeView Lap of Luxury with the following formulas:

Solar Energy Formula

Derived from minerals and trace elements of the Dead Sea, which stimulates circulation and rejuvenates the skin.

Seaweed Aloe Formula

For normal to oily skin, seaweed aloe will postpone the onset of skin aging.

Omega 3 Youth Formula

Essential fatty acids are critical for maintaining firm, healthy skin. Prevents aging and improves moisture content without adding oiliness to skin.

Vitality Oxygen Complex

Oxygen is critical to skin cells, leading to lovelier, younger looking skin.

Soothing Chamomile Azulene Formula

Chamomile flower extracts are naturally rich in properties that reduce redness and soothes sensitive skin.



Facial Enhancers

Customize your Basics to Beauty, Customized Care or LakeView Lap of Luxury Facial with any of the following enhancers:

Vitamin F Enhancer

Vital for the general health of the skin and mucous membranes. Essential oils bring a supple and youthful integrity to the skin and dull the process of aging.

Collagen O2 Enhancer

Utilizes the benefits of collagen and oxygen to give the skin a fresh, smooth and supple appearance.

C-Weed Multiderm Facial

Benefits all skin types by hydrating & detoxifying the skin as well as improving elasticity and skin tone.

Specialty Facials

Microdermabrasion

Microdermabrasion gently exfoliates the skin by delivering a controlled stream of micro-crystals through a special hand piece. This is the ideal treatment for both men and women seeking to turn back the effects of time. Microderm has been proven safe and effective for the treatment of sun damage, acne scars, fine lines, excess oil, pore size and superficial age spots.

Series of 6 treatments is recommended
Single service is available

LED Light

LED is a unique skin rejuvenation device that uses light therapy and special currents to turn back the hands of time. Ideal for aging or sun-damaged skin, minor acne, redness, and even uneven pigmentation. Simultaneous application of these technologies mutually enhances their individual effectiveness promoting cellular rejuvenation from within. Results are immediate and visible.

Recommended in series of 8 or 12
Single service is available



Nail care

More than basic grooming, our nail professionals share special remedies, aromatic essences, and precision care to create the perfect blend of pampering and perfection. We offer a variety of tastefully fashionable nail lacquers for every day and festive wear.

LakeView Spa Manicure

Choose from a variety of floral and herbal pleasures. This service includes soaking hands in a floral or herbal infused bath, exfoliation with scrub, steaming with aromatic towels, hydrating mask, and cooling finishing lotion. The treatment concludes with grooming and painting of nails.

LakeView Spa Pedicure

Choose from a variety of floral and herbal pleasures. This service includes soaking feet in a floral or herbal infused bath, exfoliation with scrub, steaming with aromatic towels, hydrating mask, and cooling finishing lotion. The treatment concludes with grooming and painting of nails.

Nail Care Enhancers

Sea Salt Soak & Scrub with Paraffin Dip for Hands

Hand bath with active sea salt crystals creates an invigorating experience followed by a comforting paraffin dip.

Sea Salt Soak & Scrub with Paraffin Dip for Feet

Foot bath with active sea salt crystals creates an invigorating experience followed by a comforting paraffin dip.

Aromatic Hand Paraffin Dip

Hands dipped in warm paraffin wax to bring out your skin's natural moisture and soften your skin.

Aromatic Foot Paraffin Dip

Feet dipped in warm paraffin wax to bring out your skin's natural moisture and soften your skin.

Traditional Nail Care

A weekly treatment is essential for healthy and vital skin of the hands and nails. This includes soaking, hydrating, and grooming.

Manicure

- **Traditional Manicure:** Nail grooming, relaxing hand massage, and finishing touch of polish of your choice
- **French Manicure:** Grooming for the hands, with white tips for a clear finish
- **Nail Design:** Small design applied to nails
- **Buff & Shine:** Nail grooming, finished with buffing
- **Polish Change**
- **Party Nails:** Temporary nail extensions
- **Child Manicure**

Pedicure

- **Traditional Pedicure:** Grooming for the feet, relaxing foot massage and finishing touch polish
- **French Pedicure:** Grooming for the feet, with white tips for a clear finish
- **Polish Change**



Salon experiences

Hair Care

Our caring and attentive staff will create the perfect new look for you or enhance your current image. Great for weddings or special events. Consider Lakeview Spa your one stop for beauty and spa treatments.

- Woman's Cut & Style
- Men's Cut & Style
- Child's Cut & Style (12 and under)
- Color under with crown foil
- Shampoo & Style
- Special Occasion Up-Do
- Hair Color
- Color with Highlights
- Highlights with lo-light
- Perm
- Texture service short hair
- Texture service long hair
- Reconstructor
- Hair Mask

Tinting

A delicate process with beautiful results.

- Eye Brow
- Eye Lash

Cosmetics

Enhance your natural look or enjoy a professional esthetic consultation.

- Make-up Application
- Make-up Consultation and Application

Waxing

Wax is a gentle and yet effective application to remove unwanted hair. Finish the process with a cool cream to sooth the skin.

- Eyebrow (touchup)
- Eyebrow (design)
- Lip
- Chin
- Full Arm
- Full Face
- Under Arm
- Half Leg
- Full Leg
- Bikini
- Brazilian
- Chest
- Back
- Shoulders
- Neck
- Feet & Toes



Packages

You've Got Nails

LakeView Spa Pedicure
LakeView Spa Manicure

LakeView Escape

Massage
Basics to Beauty Facial
Traditional Manicure
Traditional Pedicure

Gentleman's Getaway

Deep Tissue Massage
Gentleman's Vitality Facial

Gentleman's Retreat

Relaxing Swedish Massage
Gentleman's Vitality Facial
with aromatic steam towel mask
Haircut
LakeView Spa Manicure

Smooth & Soothe

Honey Almond Oat Body Scrub
Swedish Massage

LakeView Spa Signature Package

Swedish Massage
Riverbath or Sōk® Experience
Customized Care Facial
LakeView Spa Pedicure
LakeView Spa Manicure
Shampoo & Style

LakeView Spa Royal Treatment

Aromatherapy Massage
River Bath Experience
Customized Care Facial
Choice of Body Wrap
LakeView Spa Manicure
LakeView Spa Pedicure
Shampoo & Style
Packages for Two

2 Tickets 2 Paradise

Couples Spa Massage
LakeView Spa Manicure
LakeView Spa Pedicure

Friends Forever

Swedish Massage
Traditional Manicure
Traditional Pedicure
Make-up Application

LakeView Spa Royal Treatment

Aromatherapy Massage
River Bath Experience
Customized Care Facial
Choice of Body Wrap
LakeView Spa Manicure
LakeView Spa Pedicure
Shampoo & Style

Bridal Packages

Here Comes the Bridal Party!

Swedish Massage
French Manicure
French Pedicure
Special Occasion Up Do
Make-up Application

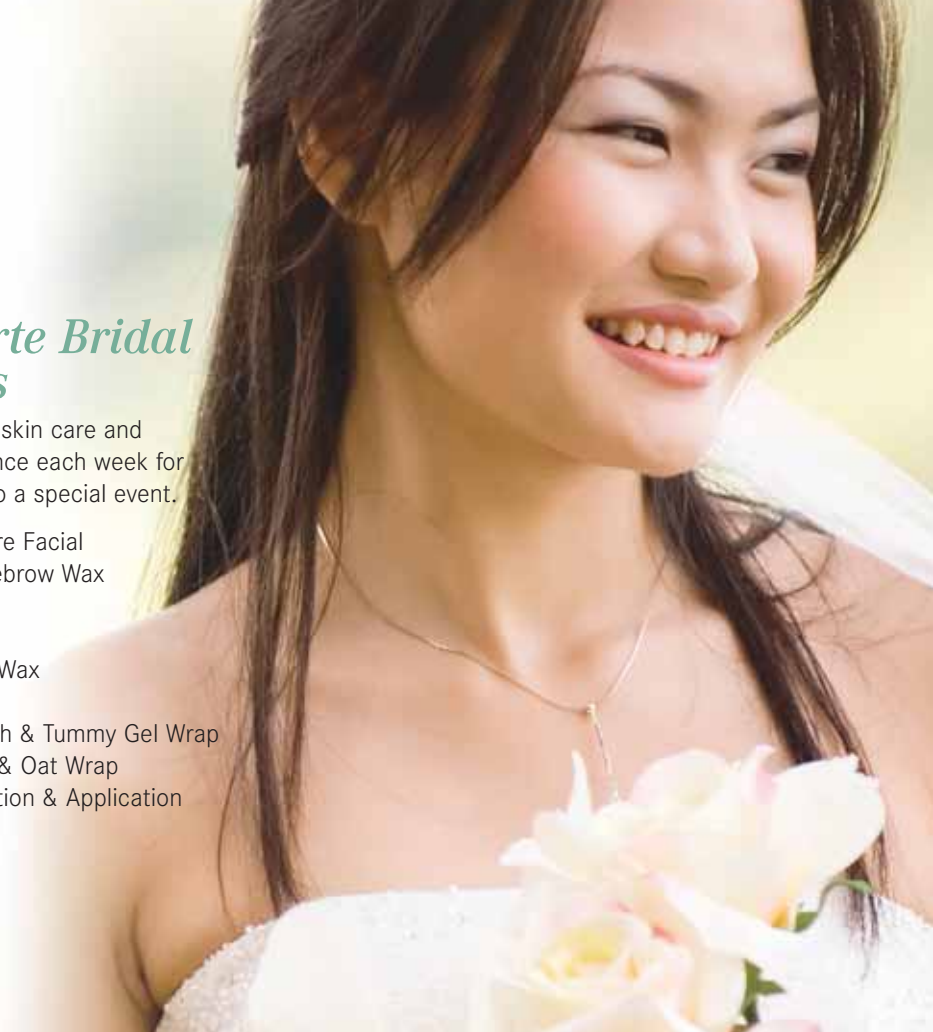
Bridal Indulgence

Swedish Massage
Basics to Beauty Facial
Soak Bath
Traditional Manicure
Traditional Pedicure

À la carte Bridal Services

Recommended skin care and body maintenance each week for 4 weeks prior to a special event.

Customized Care Facial
Customized Eyebrow Wax
Back Facial
Bikini Wax
Full Leg/Bikini Wax
Brazilian Wax
Smoothing Thigh & Tummy Gel Wrap
Honey Almond & Oat Wrap
Bridal Consultation & Application



Starlet Services

Buff & Polish

- Happy Hands
- Flirtatious Feet

Facial Packages

- Clear Skin -
For acne prone or oily skin
- Sun Kissed Skin -
For over exposed skin

Massage

- Sport Massage
- Soothing Swedish Massage
- Chair Massage – May be set in the nail salon for a Buff and Polish party with added massage

Guests 16 and under must be accompanied by a guardian, and can only have treatments performed by therapists of the same gender. If available, salon services are offered to guests of all ages.

Starlet Packages

Best Friends Forever

Enjoy time with friends in a spa suite for two. Includes:

- Clear skin facial
- 20 minute massage
- Bubble bath – Bath soak

Parties Ages 6-16

We recommend each youth wear loose fitting comfortable lounge wear or bathing suit for facial care, body treatments, and massage.

Healthy snacks are a must. Ask our receptionist for rates and availability.

- Let us customize your spa package and spa gift basket for any occasion.
- Add a spa healthy Lunch to your day.
- Private parties available.
- Nature trails conveniently located across from spa.



LakeView Spa Policies

Spa Services Reservation and Cancellation Policy

We recommend scheduling appointments at least one week in advance to accommodate your service. While we realize that certain circumstances can occur, there will be a charge of 50% of the scheduled service for cancellations that have less than 48 hours notice (on Friday and Saturday appointments, reservations must be cancelled 72 hours in advance). A fee of 100% will be applied for no shows, therefore you may be required to guarantee any appointment over \$50.00 with a major credit card or gift card number. When you call to make a reservation for more than three services, a credit card number is required to hold your reservation.

Appointment Promptness

We ask that you arrive for your services 20 – 45 minutes before your services are scheduled to begin. If you are going to be arriving late, please note that your services will end at their scheduled time to ensure that the next guest's services are not delayed.

Our Vision

Where fallen leaves meet quiet pebbled roads, nature's serenity and the sophistication of science converge with a promise of beauty and wellness.

Be soothed and refreshed as you absorb the placid tranquility that is LakeView Spa.

Enjoy LakeView Spa for all the seasons it offers in skin and body care from youth to maturity.



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